

BOOK NOW FOR POST-WORLD CUP PAMPERING AND FAMILY ACTIVITIES

AT ST MICHAEL'S HOTEL & SPA, FALMOUTH THIS SUMMER

St Michael's Hotel & Spa in Falmouth, Cornwall's Hotel of the Year 2009/2010, has announced last minute packages available in July for football fans seeking an opportunity to pamper their long-suffering other halves once the excitement of the World Cup has died down. Also available are short break family activity packages, perfect for starting the summer holidays with a bang!

Situated along the picture postcard beachfront of the pretty seaside town of Falmouth, St Michael's has recently undergone a multi-million pound refurbishment and aims to bring its guests the very best of Cornwall. The hotel boasts beautiful sea views, exotic sub-tropical gardens, great regional food and drink, coastal-inspired spa treatments and offers a range of exhilarating excursions.



Post-World Cup Pampering Package

The ideal treat for anyone who has already heard one too many vuvuzelas, or who is counting the days until the world's biggest football contest draws to a close and life can get back to normal. Football fans can plan ahead and book now to treat their partners to a two night Cornish spa break at St Michael's Hotel & Spa, incorporating fine local cuisine and pampering spa treatments. The package, priced from £559, includes two nights' accommodation for two sharing a double or twin room, on a dinner, bed and breakfast basis; one 30 minute spa treatment per person per day; a spa gift and box of chocolates in the room; and full use of the spa facilities including indoor pool, sauna, Jacuzzi, steam room and health club.

Book now for travel during this summer's football-free window 12 July to 13 August 2010, before the Premier League season kicks off.

Family Activity Break Package

St Michael's Hotel & Spa offers a last minute opportunity to enjoy Cornwall at the start of the school holidays, with an exhilarating activity package and three night break for the whole family to share. The hotel has teamed up with Falmouth-based Elemental UK to offer a full day of outdoor coastal activities for parents and children to enjoy together, including a choice of sailing, kayaking, windsurfing, canoeing, snorkelling, stand-up paddle boarding and coasteering.

The package includes family accommodation for four at St Michael's Hotel & Spa; daily breakfast; packed lunch during the activity day; and full use of the hotel spa facilities, indoor pool, sauna, Jacuzzi and steam room. Prices start from £999 per family room (based on children aged four to seven years) and £1,229 per family suite (children aged eight to 16 years).

Book now for travel until 10 September 2010.

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For more information on the packages, or to book, contact St Michael's Hotel & Spa on 01326 312707, or visit www.stmichaelshotel.co.uk.

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Notes to editors:

St Michael's Hotel & Spa

Set in its own sub tropical gardens on the beautiful Cornish coast, the stylish St. Michael's Hotel & Spa, Cornwall Tourism's current Hotel of the Year, commands stunning views across the blue flag beaches of Falmouth Bay and the rugged Lizard peninsular. Following a £4 million refurbishment, St. Michael's is one of the finest hotels in the South West, offering a warm, welcoming oasis in which to relax, unwind and indulge. Working closely with local producers, farmers and fishermen, the award-winning Flying Fish Restaurant serves a mouth-watering range of fresh, seasonal dishes with a special emphasis on succulent seafood. The St. Michael's Spa offers an extensive menu of luxurious treatments inspired by the calm coastal setting, and the hotel's elegantly appointed guest rooms and suites enjoy contemporary, quintessential littoral design. St. Michael's Hotel & Spa also features modern meeting and conference facilities, an impressive fitness suite and a dedicated sustainability programme. www.stmichaelshotel.co.uk

For more press information on St Michael's Hotel & Spa please contact:

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